

内江市高中 2026 届第一次模拟考试题

英 语

(考试时间:120 分钟 试卷满分:150 分)

注意事项:

1. 本试卷由四个部分组成。其中,第一、二部分和第三部分的第一节为选择题,第三部分的第二节和第四部分为非选择题。
2. 答题前,考生务必将自己的姓名、考号填写在答题卡上。
3. 回答选择题时,选出每小题答案后,用 2B 铅笔把答题卡上对应题目的答案标号涂黑;回答非选择题时,将答案写在答题卡上,写在本试卷上无效。
4. 考试结束后,将答题卡交回。

第一部分 听力(共两节,满分 30 分)

做题时,先将答案标在试卷上。录音内容结束后,你将有两分钟的时间将试卷上的答案转涂到答题卡上。

第一节(共 5 小题;每小题 1.5 分,满分 7.5 分)

听下面 5 段对话。每段对话后有一个小题,从题中所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后,你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话读两遍。

1. What is the woman probably doing?
A. Shopping online. B. Repairing a phone. C. Doing some cleaning.
2. What was the woman dissatisfied with about the new restaurant?
A. The food. B. The pricing. C. The location.
3. Why does the woman speak to the man?
A. To get information. B. To express thanks. C. To ask for leave.
4. When will the man set off today?
A. At 6:40 am. B. At 7:40 am. C. At 8:40 am.
5. What are the speakers mainly talking about?
A. A farm. B. A street. C. A market.

第二节(共 15 小题;每小题 1.5 分,满分 22.5 分)

听下面 5 段对话或独白。每段对话或独白后有几个小题,从题中所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前,你将有时间阅读各个小题,每小题 5 秒钟;听完后,每小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

请听第 6 段材料,回答第 6、7 题。

6. How does the woman sound when getting the man's first reply?

A. Excited.

B. Angry.

C. Nervous.

7. Who is the man probably?

A. A blogger.

B. A novelist.

C. A bookseller.

听第7段材料,回答第8至10题。

8. How has the restaurant's menu been changed recently?

A. It has been updated online.

B. The cover has been redesigned.

C. Some dishes have been replaced.

9. What does the man order?

A. Chicken salads.

B. Fish burgers.

C. Tomato juice.

10. How much will the man pay in total?

A. £64.

B. £72.

C. £80.

听第8段材料,回答第11至13题。

11. How did the woman know about Alan's act?

A. Through a friend.

B. Through the Internet.

C. Through a newspaper.

12. Why did Alan start building chairs?

A. To decorate his room.

B. To complete a school project.

C. To help people waiting for buses.

13. Where did Alan get the wood he needed?

A. From nearby forests.

B. From his dad's factory.

C. From construction sites.

听第9段材料,回答第14至17题。

14. Who is the woman?

A. A university student.

B. A radio host.

C. A club manager.

15. What did Mark do in *The Marriage of Figaro*?

A. He played a role.

B. He wrote the songs.

C. He taught the dancers.

16. What did Mark's father think of opera?

A. Boring.

B. Strange.

C. Old-fashioned.

17. What made Mark decide to pursue opera?

A. Reading books on opera.

B. Meeting an opera master.

C. Working for an opera house.

听第10段材料,回答第18至20题。

18. What is the speaker probably doing?

A. Teaching a class.

B. Hosting a program.

C. Chairing a meeting.

19. What is happiness according to Mihaly?

A. Achieving all his goals.

B. Having a happy family.

C. Focusing on what he does.

20. What made Mihaly start working on his theory of flow?

A. Swimming in a river.

B. Observing artists at work.

C. Conducting street interviews.

第二部分 阅读理解(共两节,满分50分)

第一节(共15小题;每小题2.5分,满分37.5分)

阅读下列短文,从每题所给的A、B、C、D四个选项中选出最佳选项。

A

Whether you love old masters or modern art, contemporary sculpture or impressionist paintings, London has an art gallery to satisfy your cultural desires.

The National Gallery

Home to one of the greatest collections of paintings in the world, the National Gallery contains a "who's who" of art icons — from Titian and Turner to Van Dyck and Van Gogh. This gallery on Trafalgar Square also features masterpiece exhibitions: past shows have included Gauguin Portraits and Monet & Architecture.

Where: Trafalgar Square, Westminster, London, WC2N 5DN

Price: Free

Tate Modern

Sitting grandly on the banks of the Thames is Tate Modern. Britain's national museum of modern and contemporary art has a unique design due to the building's previous life as a power station. Inside, you will find exhibitions by top artists from Damien Hirst to Gauguin and restaurants offering fantastic views across the city.

Where: Bankside, London, SW1P 4RG

Price: Free

National Portrait (肖像) Gallery

Trace life from the 16th century to the present day through more than 200,000 portraits in the collection of National Portrait Gallery. Explore some of the best portraits, photographs, prints and drawings in the world, including accounts of everyone from Queen Elizabeth I to Amy Winehouse.

Where: St Martin's Place, London, WC2H 0HE

Price: Free

Royal Academy of Arts

Walk through the gates off Piccadilly to the Annenberg Courtyard and into Royal Academy of Arts. Founded in 1768, it's home to an ever-changing programme of exciting masterpiece exhibitions. Highlights include Queen Victoria's paintbox and the only Michelangelo sculpture in the UK.

Where: Burlington House, Piccadilly, London, W1J 0BD

21. Which gallery provides both artistic appreciation and city views?

- A. The National Gallery.
- B. Tate Modern.
- C. National Portrait Gallery.
- D. Royal Academy of Arts.

22. Why is Queen Victoria's paintbox mentioned in Royal Academy of Arts?

- A. To emphasize its key exhibit.
- B. To highlight painting tools.
- C. To explain educational value.
- D. To prove its global uniqueness.

23. What is the purpose of this text?

- A. To compare art galleries in London.
- B. To recommend visiting these art galleries.
- C. To persuade readers to learn about art history.
- D. To record the development of British galleries.

B

It was the first day of senior high, and I was on edge. The classroom was full of chatter, but I kept my eyes down. My family had just moved to the city after my father lost his job, and I didn't know anyone.

As students rushed to claim desks, only one seat remained — next to a boy named Daniel, also a transfer student in this class. He glanced at me, then quickly looked away. I sat down quietly, hoping to disappear.

Over the next few weeks, I noticed Daniel never joined in group activities. He ate alone, spoke little, and always wore the same faded jacket. Rumor (谣言) had it that he'd struggled with learning for years — some busybodies even said that he wasn't agile.

One afternoon, our teacher announced a science project — partners only. When everyone paired up, I found myself standing alone... until Daniel hesitantly raised his hand and offered, almost too softly to hear, "Can we work together?"

I agreed. To my surprise, Daniel knew everything about ecosystems — he'd spent summers volunteering at a nature center. He explained concepts clearly, drew detailed diagrams, and even stayed late to help me build our model. I realized his quietness wasn't weakness — it was focus. The rumor proved to be ill-founded.

On presentation day, we earned top marks. After class, Daniel smiled for the first time. "Thanks for not judging me," he said.

"No," I replied, "thank you for giving me a chance."

We walked out of the classroom side by side. From then on, I never again assumed silence meant emptiness — or that a faded jacket hid nothing worth seeing.

24. Why did the author feel uneasy on the first day of senior high?

- A. He had no friends and felt out of place.
- B. He feared being seated next to a stranger.
- C. He disliked the noisy classroom environment.
- D. He was worried about his father's unemployment.

25. What does the underlined word "agile" in paragraph 3 mean?

- A. Quick-thinking.
- B. Slow-moving.
- C. Socially-confident.
- D. Emotionally-sensitive.

26. What do we know about Daniel from the science project experience?

- A. He lacked interest in academic subjects.
- B. His strengths were hidden by his quiet behavior.
- C. He struggled with teamwork despite his knowledge.
- D. He volunteered at a nature center to improve his grades.

27. What does the author mean by saying "The rumor proved to be ill-founded"?

- A. Daniel finally succeeded with his help.
- B. He had never believed the rumor about Daniel.
- C. Daniel had never struggled with academic learning.
- D. The judgment of Daniel was based on false assumptions.

Until the invention of artificial lighting, the sun was the major source of lighting, and people spent their evenings in (relative) darkness. Now, in much of the world, streets and homes are lit up at night, and we don't think twice about having so much light whenever we want it.

But we may be paying a price for bathing in all that light. At night, light throws the body's biological clock in disorder. Sleep suffers — people take longer to fall asleep, wake up more often during the night, and feel less rested in the morning. Over time, this disruption may seriously affect both mental and physical health.

Not all colors of light have the same effect. Blue wavelengths, which are beneficial during daylight hours because they boost attention, reaction time, and mood, seem to be the most disturbing at night. And the popularity of electronics with screens is increasing our exposure to blue wavelengths, especially after sundown.

While light of any kind can affect the release of melatonin (褪黑素), blue light at night does so more powerfully. Harvard researchers and their colleagues conducted an experiment comparing the effects of 6.5 hours of exposure to blue light to exposure to green light of comparable brightness. The blue light holds up melatonin for about twice as long as the green light.

In another study of blue light, researchers at Toronto compared the melatonin levels of people exposed to bright indoor light who were wearing blue-light-blocking goggles (护目镜) to people exposed to regular soft light without wearing goggles. The levels of melatonin were about the same in the two groups. It suggests that shift workers and night owls could perhaps protect themselves if they wore eyewear that blocks blue light.

28. What is modern people's attitude to wide use of artificial light?

- A. They attempt to avoid using it.
- B. They take it as a normal part of life.
- C. They are concerned about its harm.
- D. They consider it as a waste of energy.

29. What do we know about blue light?

- A. It's easy to block.
- B. It's harmful all day.
- C. It worsens emotions.
- D. It has opposite effects.

30. What can be concluded from the Harvard experiment?

- A. Six hours of light exposure is safe.
- B. Green light hardly affects melatonin.
- C. Brightness controls melatonin release.
- D. Blue light affects melatonin more strongly.

31. Why did researchers at Toronto make the comparison?

- A. To test if goggles effectively work.
- B. To prove goggles are widely usable.
- C. To find out which light is more harmful.
- D. To check whether goggles are comfortable.

Baojia site in the city of Liyang, east China's Jiangsu Province, has been confirmed to date back 7,500 to 8,100 years, making it the earliest known prehistoric site discovered so far in the area surrounding Taihu Lake.

The site covers an existing area of around 20,000 to 30,000 square meters. Since 2023, an archaeological (考古的) team from the Jiangsu provincial institute of cultural relics and archaeology and the Nanjing Museum has been conducting digging at the site with approval from the National Cultural Heritage Administration.

At the site, archaeologists have identified an ancient east-west river channel. Hu Yingfang, the lead archaeologist, said they had also made a significant discovery beneath this channel — an earlier river course containing deposits (沉积物) measuring 2.5 meters deep. These deposits are rich in organic remains and objects from ancient human activities.

The team's findings are exceptionally diverse and well-preserved. They consist of various types of pottery, wooden objects, plant remains, animal remains including bones of mammals, and some woven objects, such as ropes made from grass.

"The waterlogged conditions preserved a vast amount of organic material, which contains crucial environmental and cultural information which is helpful for reconstructing the lives of ancient residents," said Hu.

Radiocarbon dating of plant seeds from different areas at the site has indicated that it dates back to 7,500 to 8,100 years ago, according to Hu.

Additionally, over 200 ash pits were uncovered on the site's eastern area. Among these, one pit contained a complete dog skeleton.

Following field investigations and discussions, nearly 10 experts from institutions including the Chinese Academy of Social Sciences, Nanjing University, Zhejiang University and Renmin University of China concluded that Baojia site is the earliest prehistoric site found to date around Taihu Lake.

They also recognized that this site possesses distinct cultural characteristics. The discovery fills a critical gap in the Neolithic (新石器时代的) cultural timeline in this area and provides key evidence for tracing the origins of Yangtze River civilization.

32. Why are the deposits considered important?

- A. They are exceptionally deep and easy to dig.
- B. They prove the existence of an east-west river.
- C. They hold well-preserved evidence of ancient life.
- D. They are suitable for the growth of organic crops.

33. How did the archaeologists determine the age of Baojia site?

- A. By examining the animal and plant remains.
- B. By analyzing the objects beneath the channel.
- C. By investigating the depth of the river deposits.
- D. By studying plant seeds using radiocarbon dating.

34. What can be inferred from the recognition of Baojia site?
A. Ancient people kept dogs as companions long ago.
B. Similar sites have already been found in other parts of China.
C. The Neolithic culture around Taihu Lake was once poorly known.
D. Yangtze River Civilization is much richer than previously imagined.

35. What is the best title for the text?
A. Approval Was Made to Study Taihu Lake
B. A New Museum Opens in the City of Liyang
C. Baojia Site Casts Light on Early Yangtze River Civilization
D. Yangtze River Civilization will Become Popular Overnight

第二节(共5小题;每小题2.5分,满分12.5分)
阅读下面短文,从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Keeping a Diary

In the digital age, diaries still hold their value.

36 Yet many distinguished people, including established writers, have kept diaries for years. Famous fictional diary-keepers like Adrian Mole and Bridget Jones also show how deeply this practice is rooted in culture. Indeed, diaries have long been a tool for self-reflection across generations.

Diaries offer many benefits. They support mental health by providing a safe place to express feelings and process difficult experiences. 37 Regular practice sharpens thinking and even boosts creativity. A diary also helps you remember events and activities. When applying for jobs, for example, you often need to recall specific moments when you demonstrated a skill. A diary provides ready examples.

Today, there are more choices than ever. You might use a secure app like Penzu, a note-taking tool like Google Keep, or simply type into a Word document. 38 Digital formats are convenient and backed up in the cloud, though editing may hide your raw, honest reactions. Paper diaries offer total privacy. Each method suits different preferences and purposes.

Getting started is simple: just write. 39 Write as if to a friend — or your future self. Just begin — even briefly each day. Miss a few days? Start again. And remember: your diary can include sketches, tickets, or photos — it's your personal record, as unique as you are. The key is consistency, not perfection.

While few among us will ever become the sort of person whose diaries are published and sold around the world, keeping a diary is well worth giving it a go. 40

- A. Don't worry about the quality.
- B. Few diaries become bestsellers.
- C. Blogs offer a public alternative.
- D. Everyone can gain from this habit.
- E. Keeping a diary improves writing skills.
- F. Apps make keeping diaries fast and easy.
- G. Diaries sound old-fashioned for some people.

第三部分 语言运用(共两节,满分30分)

第一节(共15小题;每小题1分,满分15分)

阅读下面短文,从每题所给的A、B、C、D四个选项中选出可以填入空白处的最佳选项。

A Georgia grandmother and a young German man are forever connected, thanks to a lifesaving donation. Dale Tingle, from Watkinsville, Georgia, 41 the survival of a stranger — a 20-year-old dying of leukemia (白血病) — after learning she was the only perfect 42 of stem cells worldwide.

Kevin Krüger was diagnosed (诊断) with leukemia when he was 19. His only remaining 43 was a stem cell transplant.

Initially, 54-years-old Dale Tingle, well beyond the 44 age for stem cell donation, registered to help a local 3-year-old boy battling leukemia. 45, she wasn't a match for the boy. Just before Christmas in 2010, she was 46 that she was a match for someone else with leukemia in urgent need of her stem cells. She agreed without 47. "There are not many opportunities in life to know that you have truly saved someone's life," Tingle says, calling it one of the greatest 48 of her life.

After the successful transplant, they began 49 letters. A letter from Krüger read, "Without you I wouldn't be alive anymore." Tingle 50 the emotional moments when they met for the first time. Tingle 51 and Krüger gave some tight hugs. That eventual meeting was the beginning of an lasting 52 between them.

Krüger, now 33 and cancer-free, 53 leukemia, which he thought had a big impact on his personality. He's 54 for having a longer life and for getting a treasure beyond stem cells. "It is the biggest 55 in my life," Krüger says.

41. A. asked for	B. searched for	C. prayed for	D. paid for
42. A. carrier	B. match	C. receiver	D. example
43. A. option	B. reason	C. advantage	D. capability
44. A. average	B. early	C. mental	D. ideal
45. A. Regularly	B. Originally	C. Unfortunately	D. Undoubtedly
46. A. reminded	B. informed	C. concerned	D. persuaded
47. A. hesitation	B. permission	C. exception	D. warning
48. A. pities	B. regrets	C. challenges	D. priorities
49. A. revising	B. drafting	C. exchanging	D. delivering
50. A. forgot	B. missed	C. posted	D. recalled
51. A. wept	B. bent	C. reported	D. dragged
52. A. benefit	B. bond	C. strength	D. contribution
53. A. caught	B. suffered	C. survived	D. relieved
54. A. ready	B. grateful	C. suitable	D. responsible
55. A. gift	B. decision	C. expectation	D. achievement

第二节(共 10 小题;每小题 1.5 分,满分 15 分)

阅读下面短文,在空白处填入 1 个适当的单词或括号内单词的正确形式。

Once considered on the edge of disappearance, the ancient art of Xinjiang Uygur Muqam is not only alive today but steadily gaining fresh energy, 56 (develop) through modern innovation and finding audiences far beyond its homeland.

Muqam, a general term for a variety of Muqam practices across Northwest China's Xinjiang Uygur autonomous region, is a sweeping artistic tradition that 57 (integrate) singing, dancing and instrumental music. As an ancient musical tradition, Muqam, 58 covers ancient folk ballads, poetry, proverbs, narrative storytelling and reflections on universal themes, dates back over 1,000 years with a complete track record of over 400 years. 59 (see) as a reference reflecting the life and social landscape of the Uygur ethnic group, Muqam also shows deep cultural connections between Xinjiang and China's central plains.

41-year-old Alimjan Abliz, a player from the Muqam Art Troupe of the Xinjiang Art Theater has been absorbed 60 this tradition for 35 years. Despite decades of study and performance, 61 (he) fascination remains unchanged. He says, "Muqam is colorful, comprehensive, complicated, yet 62 (extreme) charming and everything in it is so fantastic that I love it from the bottom of my heart."

Muqam, often staged as a grand set of compositions, is one of the most precious 63 (treasure) of the Uygur ethnic group. Recognition of its global value arrived in 2005, when Muqam 64 (declare) as a "Masterpiece of the Oral and Intangible Heritage of Humanity" by UNESCO, marking it as a tradition worthy of preservation 65 constant reinterpretation for future generations.

第四部分 写作(共两节,满分 40 分)

第一节(满分 15 分)

假定你是李华,上周五下午,你参加了学校在和平广场开展的“敬老爱老”志愿者活动。请给你的英国朋友 Chris 写一封邮件分享这次经历,内容包括:

1. 活动的过程;
2. 你的感想。

注意:1. 写作词数应为 80 词左右;
2. 适当增加细节,使行文连贯。

Dear Chris,

第二节 (满分 25 分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

The sun was shining over the parking lot of the sports centre. My best friend Janey and I stood by an old truck. It belonged to the company that had just laid new grass on the football field. There was still a lot of extra grass in the back — left over from the job.

For months, we'd walked past a small empty lot near our school every day — a place full of weeds, old bottles, and broken bricks. It looked ugly, lifeless and forgotten.

Seeing the leftover grass in the truck, Janey's eyes lit up. "Let's take some!" she said excitedly. "We could spread it on that empty lot. Imagine green grass instead of all that rubbish there!"

A wave of doubt washed over me. "But we haven't asked. Taking it without permission isn't right." "The company won't need it," she argued. I shook my head. "What if they don't allow it? We could get into real trouble then." I still stuck to my guns. "There's no one here to ask!" she said firmly. "With such strong sunlight, the grass will dry out and go to waste!"

Just then, a security guard of the parking lot came around the corner. "Hey! What are you doing there?" he called out.

My heart jumped. Janey quickly pulled me behind the truck. As we moved, we touched the tailgate (后挡板) by accident and it burst open — several rolls of grass fell to the ground with a dull sound. The guard hurried over. "What's going on here?" he asked, his eyes on the fallen grass.

Staring at the green rolls on the concrete, Janey looked at me, her face pale but determined. "Now we really have to do something," she whispered.

1. 续写词数应为 150 左右:

2. 请按如下格式在答题卡的相应位置作答。

Then, we walked towards the security guard and explained.

We began to take action after the guard told us the company's permission.