

字节精准教育联盟·NCS 高 2026 届高考适应性考试（一诊）

英语试题参考答案

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
B	C	B	A	A	A	C	A	C	B	A	C	B	A	B	A	B	B	C	C
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
C	B	A	B	A	C	D	B	A	A	C	A	B	B	C	A	E	C	F	D
41	42	43	44	45	46	47	48	49	50	51	52	53	54	55					
C	A	B	C	A	D	C	A	B	B	A	C	D	B	D					

56. weathered 57. and 58. helping 59. severely 60. a
61. under 62. are cultivated 63. professionals 64. what 65. to breathe

写作第一节：

An Event About Cyber Security

Last week, our school launched the “Cyber Security Week” event where a series of activities were held, including lectures by experts, poster exhibitions, and class discussions. The experts vividly explained common cyber threats and how to protect ourselves online.

The event received an enthusiastic response from students. They showed great interest and actively participated. Many students said they had a better understanding of cyber security and would be more cautious in the digital world.

This event effectively raised students’ awareness of cyber security.

写作第二节：

Possible Version:

Para 1: The next afternoon, Mike and Clara hid nearby with a small surprise. When a girl with pigtails approached, tiptoeing nervously toward the mailbox, they stepped forward with warm smiles. “Are you Emma?” Mike asked gently. The girl nodded. Clara knelt down, unveiling a delicate wooden swing with intricate carvings. “For Bunny,” she said softly. Emma’s eyes sparkled like stars. With a joyful, silent gasp, she gently took Bunny from the mailbox and placed it on the tiny seat. “It’s absolutely perfect” she breathed. Then she whispered, “I wish all my toys had a cottage to play in.”

Para 2: Learning Emma’s wish, the couple decided to build a toy cottage. Mike disappeared into his dusty workshop, his hands rediscovering the familiar rhythm of measuring and cutting wood. Clara sketched imaginative designs — little windows, flowers dancing across a sunny yellow door. Days later, a mini masterpiece stood beside the mailbox. When Emma arrived, her jaw dropped. “A real toy house.” she yelled, tenderly arranging Bunny and others inside. Watching her pure joy, Mike felt his retired heart awakening, while Clara’s eyes glistened with tears. They’d created something magical-not just a toy cottage, but a sanctuary where childhood wonder bloomed eternal.

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英语听力录音文稿

(Text 1)

W: This restaurant is famous for its Chinese-style pancakes and dumplings. I think you're hungry

M: I'm afraid I'm not, darling. I ate a bowl of noodles earlier. But I'll join you for a cup of Chinese tea while I'm here

(Text 2)

W: It's our third visit to Hainan Island. The beautiful landscape, natural coastline, and excellent surfing must have made us so fond of this place.

M: Agreed. I hope we can visit here more often. Most of all, the mild weather makes me almost feel at home.

(Text 3)

W: We can't leave Rex with my mom or dad. So, instead, we can leave him at a hotel for dogs.

M: That won't be necessary. My friend John will come by the house every day to feed him and water our plants.

(Text 4)

M: Finally, there will be some rain this weekend. Will you stick around or leave the town?

W: I'll stay here. I have tickets to see a concert this weekend. It's performed by a famous singer and songwriter.

(Text 5)

W: I'm done. I can't do anything else after today's workout. I really need a rest.

M: Do you feel any pain now?

W: No. My trainer was just so motivated to lead us in running and lifting weights.

(Text 6)

M: I've been thinking of getting a pet for some company in my apartment.

W: Any specific type in mind? A dog, a cat or a parrot?

M: I'm leaning towards dogs for their loyalty and friendliness.

W: Dogs are great, but they need constant care. Consider who'll look after them when you're working.

M: I see your point. Maybe cats are the better option since they're more independent.

W: That could work; they do require less attention than dogs.

(Text 7)

W: Did you hear about Alex? He's being called our rescue hero now.

M: Yeah, I saw his picture in the newspapers.

W: This isn't his first dangerous rescue. He's incredibly brave and wasn't injured this time. He carried the whole family out from the burning house.

M: What motivates him? He's unlike anyone else I know.

W: It's his sense of duty and willingness to help those in need. I'm surprised he didn't tell us.

M: He didn't do it for fame or publicity. He did it out of care for people.

W: It's admirable how modest he is about such heroic deeds.

(Text 8)

W: The party was fun, Mike. And the food was great.

M: It really was. We ordered it from a famous restaurant. What do you think of my mom's biscuits?

W: They are delicious. I ate quite a few. I wish my mom could make them that well.

M: I'm glad you like them.

W: And I really like your mom and dad. They're lovely.

M: That's a relief. I was worried that my friends might not get on with my parents. I was embarrassed when my dad started telling all his old jokes.

M: Oh, that was great. He really made me laugh. I hadn't heard them before. Your parents are great. They remind me a lot of my own.

M: And you spent a long time talking to them.

W: They're interesting. I enjoy talking to interesting people.

M: But talking too long has made you late. Look, it's 10:00 pm now. How will you get home?

W: Don't worry about it. The last bus is in half an hour, and I can get there in 15 minutes.

M: I bet Mom and Dad would like to meet you again.

W: I'd like that too.

(Text 9)

M: Hi, Rachel. Nice to see you again.

W: I felt tired this morning when leaving my house. But now I feel better after sitting at my desk for a while. How was your weekend?

M: You know, I was busy with my regular housework. I didn't do anything new on Saturday or Sunday. How about you?

W: Well, we've talked about starting a new hobby together for weeks. And on Saturday, I got the chance to visit a rock-climbing area.

M: No way I must join you next time. Was it in an indoor sports center or on a mountain?

W: Indoors. It was my first day trying this activity, and I had no idea how much strength it required!

M: Did you climb to the top?

W: No, I only made it halfway up. I'll try it next week I've decided to practice every week.

M: Awesome. Were you worried about falling or hurting yourself?

W: Not really. It felt like a safe activity with proper equipment and a supportive teacher, even though heights still made me very nervous.

M: It's wonderful to release some of your fear and nervousness

W: Sure. But the main benefit is the community at the sports center. Starting a new hobby is one of the best ways to meet new people and make new friends

(Text 10)

M: Good evening, ladies and gentlemen. Today, I'm thrilled to talk about a well-known aspect of British culture—the traditional afternoon tea, which you had a taste of this afternoon. Since the early 1840s, this elegant practice has become a cherished custom across the United Kingdom. Now, you might be wondering where this delightful tradition takes place. Well, it's not limited to expensive hotels or grand houses. In fact, afternoon tea is enjoyed in a variety of settings, from small village tearooms to busy city cafes. It's a tradition that spreads across the whole society. You'll find

somewhere serving it whether you' re in London, Manchester, or even my own home city, York. But why is afternoon tea such a popular practice? Beyond its tasty treats and delicious teas, it developed as a solution to the long gap between lunch and dinner. Anna, the Seventh Duchess of Bedford, is thought to have made this mid-afternoon treat popular. The idea was to fill the stomach and make it through the evening without feeling hungry. The British take their tea seriously, and this custom reflects the nation's long love for the drink. And I hope you find afternoon tea an enjoyable experience.



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